

Amsler Chart

Patient Information Sheet

Stockport Primary Care Trust and Stockport Optometrists

Amsler Chart

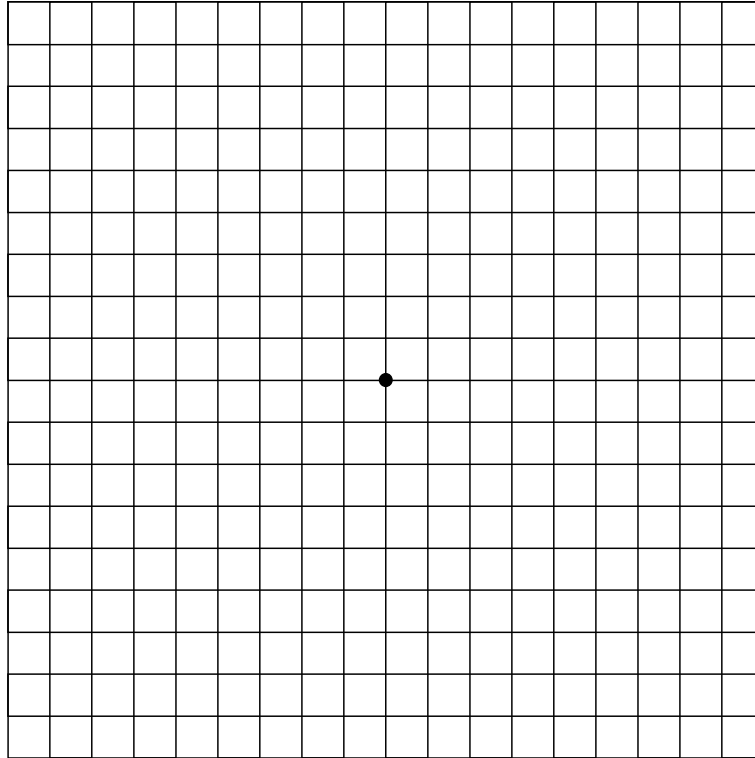
An Amsler chart can be used to check for signs of inflammation or fluid leakage in the central area of the retina. The chart works by making any distortion of vision very obvious. If you have been advised to look out for any distortion, then you should test yourself with this Amsler chart every week or two.

To check for distorted vision:

- Wear your reading glasses.
- Hold the chart about 15 inches (38cm) away from one eye.
- Cover the other eye and look at the central dot.
- Keeping your eye on the central dot all the time, note any wavy lines, distortion or fuzziness that you see.
- Repeat with the other eye.

If you notice any changes, you should seek advice immediately from your optometrist, GP or local hospital A&E department.

Amsler Chart



<p>A free interpreting service is available if you need help with this information. Please telephone Stockport English Language Service on 0161-477 9000</p>
<p>এই ডকুমেন্ট ব্যাপারে আপনার যদি কোন সাহায্য সহযোগিতার প্রয়োজন হয় তবে আপনার জন্য বিনা খরচে যো-ভাষীর ব্যবস্থা করা হবে। প্রয়োজনে ইকসপোর্ট ইংলিশ ল্যাংগুয়েজ সার্ভিসে 0161-477 9000 এই নাম্বারে ফোন করুন।</p>
<p>اگر آپ کو اس معلومات کے بارے میں مدد کی ضرورت ہے (مثلاً ترجمانی کی ضرورت ہے) یا اس میں کوئی تبدیلی یا ترمیم کی ضرورت ہے، براہ کرم اس سروس پر فون کریں۔ 0161-477 9000 پر فون کریں۔</p>
<p>如你需要他人為你解釋這份資料的內容，我們可提供免費的傳譯服務，請致電史托模英語服務：0161-477 9000</p>
<p>تتوفر خدمة ترجمة شفوية مجانية إذا تطلبت مساعدة في فهم هذه المعلومات. نرجو الاتصال بخدمة تعليم اللغة الانجليزية في ستوكبورت على رقم الهاتف: 0161-477 9000</p>
<p>આ માહિતી સમજવા માટે મદદની જરૂર હોય તો વિનયપૂર્વક સહાયતા માટે (જરૂરિયાત)ની સેવા ઉપલબ્ધ છે. મદદની જરૂર હોય તો સહાયતા માટે સ્ટોકપોર્ટ ઇંગ્લિશ લેન્ગ્વેજ સર્વિસને 0161-477 9000 ઉપર સંપર્ક કરો.</p>



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